

Nietzsche and physiology as a method of interpreting the world

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Abstract:

We present the nietzschean reflection on the indissociable relation between philosophy and physiology, a relation discarded by the metaphysical tradition of Western thought, which granted little importance to the body and to its intrinsic elements, as well as to its organic processes. Once the axiological basis of the philosophy of Nietzsche is supported by an understanding of the immanence of existence, the body acquires the status of axis for valuations and physiology becomes the “science” of life, supported by a singular and perspectivist existential interpretation of organic processes. Such circumstance removes any normative and universalist connotation, emancipating itself as well of any positivist trace, for the physiological understanding of the existence, in Nietzsche, demands the affirmation of the singularity of each organism, as each body reacts to frequent external stimulations and assimilated elements in distinct ways, thus impeding the formulation of an absolute principle of values, as metaphysics intended to establish.

Keywords: Physiology; Body; Organism; Health; Creativity.

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